



Griffin's Judo and Karate Studios – Indian Orchard

Indian Orchard, MA
 Sigung John Williams
 145 Main St.
 Indian Orchard, MA
 (413) 693-5537

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
No Classes 					
					11:30 – 12:30 PM Children/Juniors/Adults
					1:00 – 2:00 PM Tai-Chi
	5:30 – 6:30 PM Children (5-12)			5:30 – 6:30 PM Children (5-12)	
	7:00 – 8:00 PM Juniors (13 yrs) to Adults	7:00 – 8:00 PM Kickboxing	7:00 – 8:00 PM Juniors (13 yrs) to Adults	7:00 – 8:30 PM Fight Night Springfield – 1 st Friday of the Month	